

MEMBERSHIP HANDBOOK

updated 2025



POLICY & PROCEDURE

- City Recreation facilities are open for membership and daily pass entry to residents and non-residents.
- Members must sign in at the customer service desk upon entering a recreation center with issued scan card or QR code. If a scan card is lost or misplaced, a \$5.00 fee will be charged for a replacement.
- A signed liability waiver and handbook acknowledgement must be completed for all memberships by a primary member 19 years of age or older.
- Wristbands are given to patrons who purchase a daily pass and must be worn visibly at all times while inside recreational facilities.
- Children 11 and under must have direct parental supervision at all times.
- Smoking/vaping is prohibited inside recreational facilities.
- Profanity, destructive, distracting, and/or aggressive behavior will not be tolerated.
- Members are expected to behave in a civil and orderly fashion while using the Recreation Centers.
- Patrons are expected to treat all members, guests, and staff with courtesy and respect.
- Failure to follow any policy or procedures will result in disciplinary action, which may result in membership suspension or cancellation.
- We are not responsible for lost or stolen items inside the facilities.
- Proper attire must be worn at all times (top, bottoms and closed toed shoes) outside of aquatics area.
- Posted facility signage must be followed at all times.

FITNESS CENTERS

- No one under the age of 12 is permitted in the Fitness Center.
- Patrons age 12-14 must be directly accompanied by a responsible individual aged 19 or older at all times.
- Proper attire must be worn (top, bottoms and closed toed shoes).
- Share equipment by allowing others to work in between sets.
- Please re-rack weights after each use.
- Headphones must be worn when playing personal music.
- Please limit time to 30 minutes on all cardio equipment.
- Be courteous and wipe down equipment after use. Antibacterial wipes are provided.
- Be considerate by taking phone calls in the lobby.
- Do not drop heavy weight on the floor.
- Outside personal trainers are strictly prohibited.

AQUATICS CENTER

- Water temperature is maintained between 81-83 degrees, but may vary.
- Pool hours and availability are subject to change due to weather, programs, classes, and season.
- Lap swimmers must be considerate, courteous, alert, and willing to share lanes.
- Showers are recommended before entering the pool.
- Persons having open wounds are advised not to use the pool.
- Any person having an infectious or communicable disease is prohibited from using a public pool.
- AquaClimb: No floats or masks while climbing.
- No floats allowed in the pool.
- Children requiring swim vests must be within arm's reach of an adult; Life vests are not allowed in deep end.
- Swim diapers are required for children not yet toilet trained.
- Any person unable to control their bodily functions must wear incontinence garments while in the pool.
- Swim diapers and goggles are available for purchase at the front desk.
- WEATHER: When lightening strikes within 8 miles of facility, all pool and pool activities will immediately close and be suspended for no less than 30 minutes. Pool will resume activity when weather is at a safe distance away from facility. Storms are monitored by local radar.

REFUND / CANCELLATION

- There are absolutely no refunds or transfers of memberships.
- Medical hardship extensions/freezes are at the discretion of the Recreation Manager.

GYMNASIUMS

- Food and Drinks are not allowed in the gym. Closed water bottles are acceptable.
- Clean, non-marking court shoes are required for play.
- Gymnasium availability is subject to change due to fitness classes, programs, and events.

INDOOR TRACK

- Walkers should stay to the inside lane of the track.
- No one under the age of 12 is permitted on the Indoor Track.
- Patrons age 12-14 must be directly accompanied by a responsible individual aged 19 or older at all times.
- Strollers are permitted; children must remain in the stroller at all times.
- Follow posted signage regarding walking track direction.
- Track may not be used for viewing or any reason outside of intended use.

RACQUETBALL COURTS

- Rackets and balls are available at the Customer Service Desk.
- Clean, non-marking court shoes are required for play.
- It is strongly advised that all players wear protective eye gear.
- Food and drinks are not permitted inside the courts.
- Court reservations can be made up to 7 days in advance and are limited to 1 hour sessions.

LOCKER ROOMS

- Please lock up all belongings in provided lockers; locks not provided.
- Lockers are for daily use only. Personal locks left on lockers after closing will be removed and discarded.

SAUNA

- Temperatures are at a fixed range of 150-180 degrees.
- Swimwear or comparable attire is required. Nudity is prohibited.
- Do not exceed 30 minutes.
- No children under the age of 19 allowed in the sauna.
- Exercise equipment/oils/lotions/perfumes are not allowed inside the sauna.
- Warnings posted at the entrance must be fully understood and strictly followed.

ELECTRONICS

- With the exception of visible security cameras operated by the City of Gulf Shores, the use of photo and video equipment including cellular phones, cameras, and other devices is strictly prohibited.
- Special use requests must be submitted to City of Gulf Shores for approval in advance. The City reserves the right to approve or deny requests.
- All electronic devices are prohibited in the locker rooms and restrooms.
- Patrons in our facilities have the right to privacy. Violation of this policy may result in suspension or termination of access and membership privileges as provided in Section 2-90 of the Gulf Shores Code of Ordinances.

MUSIC

- We strive to offer eclectic music and programming choices throughout the day by providing rotating playlists. We do not take requests.
- Personal music playing devices with headphones are allowed.

LOST & FOUND

- Found items may be turned in to the front desk staff.
- All items are held at our front desk for 14 days and all unclaimed items will be donated.
- Personal hygiene items will be discarded.
- Staff, if able, will contact individuals whose items can be identified.
- If a patron believes their property has been stolen in the facility, they will need to contact and file a police report with the Gulf Shores Police Department.



BODENHAMER CENTER

310 West 19th Avenue
251.968.4420



STUDIO FIT @ CULTURAL CENTER

19470 Oak Road West
251.968.9813

www.gulfshoresal.gov/recreation

ACKNOWLEDGMENT

- I acknowledge that I have been provided with a copy of the Membership Handbook.
- I understand that it is my responsibility to read and comply with the rules and policies.
- By signing this form, I agree to abide by the rules and policies stated in the Membership Handbook.

SIGNATURE #1

Primary Member - 19 years of age or older

DATE

SIGNATURE #2 *if applicable*

Primary Member - 19 years of age or older

DATE

